

Time	Event	
11:00	Under 9 & Under 11 LJ	High Jump <1.50m
12:10	Long Jump Pool 1	
13:25	Long Jump Pool 2	Under 9 & under 11 HJ
14:45	Long Jump Pool 3	High Jump >1.50m
16:00	Triple Jump 7m/9m	
17:00	Triple Jump 11/13m	
17:15	Triple Jump 11m	
16:00	Triple Jump 13m	

1. Competition run under UKA Laws, athletes will need to be registered with EA to compete - except U11's
2. Ages at 31st August 2020 for U13, U15 & U17, U20 & Seniors ages at 31st December 2020. U9 MUST be 7 but under 9 on 31st August 2020 – School year 3. U11 MUST be 9 but under 11 on 31st August 2020 – School year 5).
3. Field Events – 6 trials for horizontal jumps.
5. Entry to this meeting will be online
6. PRE ENTRY fee is £8.00 per event (Pre entry closes midnight Saturday 25th April)
7. Entries on the day £10.00
8. Enquiries - E-mail info@elevatesportscoaching.co.uk
10. **Provisional timings & events may vary due to entry numbers.**
11. Athletes must pay/collect their numbers from registration at least 45 minutes before the start of their first event.
14. Results from the meeting will be published on our website following the meeting once they have been checked. Power of 10 will be notified within 72 hours