



**HERCULES WIMBLEDON AC  
THE 39<sup>th</sup> YOUNG ATHLETES MEETING, APRIL 5 2020  
WIMBLEDON PARK STADIUM**

**TIMETABLE  
Under UKA rules**

**Track Events**

**Field Events**

<b>1200</b>	<b>1500m</b>	U13-U17 Male and Female	<b>1200</b>	<b>Discus</b>	U13-U17 Male and Female
			<b>1200</b>	<b>Long jump 1</b>	U13-U17 Male and Female up to 4.00m pb
<b>1245</b>	<b>100m</b>	U13-U17 Male and Female			
<b>1315</b>	<b>600m</b>	U11 Girls and Boys	<b>1330</b>	<b>High jump</b>	U13-U17 Male and Female
<b>1345</b>	<b>1000m</b>	U11 Girls and Boys	<b>1345</b>	<b>Long jump 2</b>	U13-U17 Male and Female over 4.00m pb
<b>1415</b>	<b>800m</b>	U13-U17 Male and Female			
			<b>1445</b>	<b>Shot</b>	U13-U17 Male and Female
			<b>1445</b>	<b>Javelin</b>	U13-U17 Male and Female
<b>1500</b>	<b>200m</b>	U13-U17 Male and Female			

\* All track races graded according to pb, rather than age or gender.

\* Start lists will be posted at [www.herculeswimbledonac.org.uk](http://www.herculeswimbledonac.org.uk) and outside the clubhouse at Wimbledon Park Stadium on the day of the meeting.

\* New for this year: U11 boys and girls must be aged 9 or 10 on 31 August 2020 and can choose to compete in either the 600m or 1000m, but not both.

\* U13s and U15s may enter the 800m or 1500m, but not both.

\* 6 Trials per competitor in field events. Athletes must use the appropriate implements for their age group.

\* Please note the long jump is split by pb: Long Jump 1 (pbs under 4.00m) is at 1200 and Long jump 2 (pbs over 4.00m) is at 1345.

\* For field events please report 20 minutes before the start; for track events please report 10 minutes before the start. Should your chosen track and field events coincide, report to your field event first and inform the official, before going to your track event.

**\* ON THE DAY PLEASE LISTEN OUT FOR FURTHER ANNOUNCEMENTS  
RELATING TO YOUR EVENT**