



HERCULES WIMBLEDON AC
3000m Night

Under UKA rules

Wednesday 24 June 2020

U17 Upwards
Entry standard: 10:30 minutes

Track races seeded according to pb from slowest (race 1) to fastest (race 9)
Race limit: 180

Entry fee: £9

Closing date for entries: Friday 19 June

More information at www.herculeswimbledonac.org.uk

TIMETABLE

Time	Event
1845	Race 1
1905	Race 2
1920	Race 3
1935	Race 4
1950	Race 5
2005	Race 6
2015	Race 7
2030	Race 8
2045	Race 9