



- 1- Path just beyond Isabella Plantation entrance
- 2- Turn onto mini-lap (Ladderstile Gate entrance visible across the road)
- 3- End of the path adjacent to the road, point runners towards the downhill area
- 4- Top of hill (marshal needs to tell runners to keep left and watch the stairs/roots)
- 5- Sharp turn at bottom of hill (marshal needs to direct runners towards hill and thatched cottage)
- 6- Top of hill (facing runners coming up the hill, marshal needs to point right)
- 7- Mini- bridge/turn through bushes onto horsetrack
- 8- Horsetrack
- 9- 150m on from horsetrack, near multiple paths (marshal needs to ensure runners follow correct

path).

10- Near Isabella plantation fence, just after low hanging trees

11- Car Park

12- Turn just before start and finish area.