

ENTRY FORM



**SUSSEX**  
ATHLETICS

# Under 11 Boys & Girls



# Championships 2017

**Sunday 9th July**

**at Withdean Stadium, Brighton**

(Under UK Athletics Rules)

# SUSSEX COUNTY AA UNDER 11 BOYS & GIRLS QUADKIDS CHAMPIONSHIPS 2017

***Sunday 9th July***

***WITHDEAN STADIUM, BRIGHTON***

## **COUNTY QUALIFICATION**

All entrants must have a Sussex County qualification through Birth or Residence. Residence requires nine months continuous residence in the County prior to the date of competition.

## **UNDER 11 AGE GROUP**

Shall be confined to Competitors who are **aged 9 or over on the date** of the competition and under 11 on 31<sup>st</sup> August 2017. **If your child was born on or after 10<sup>th</sup> July 2008 they are too young to compete this year.**

## **QUADKIDS COMPETITION**

There will be separate competitions for boys and girls and each will comprise four events - 75m, 600m, standing long jump and Vortex howler throw. **Athletes are expected to compete in all events.** Competition will be based on a points scoring system and the three athletes with the highest points total will be awarded County medals. There will be certificates for all competitors. For more information on the QuadKids competition visit the website: [www.quadkids.org](http://www.quadkids.org)

## **PROVISIONAL TIMETABLE**

The Provisional Timetable is to assist you in planning your entry, the actual timing may be changed dependant on entries. Copies of the Final timetable will be emailed to all competitors, in the week prior to the Championships. You are strongly advised to check with the Final Timetable for the actual time of your events.

## **ENTRY FEE**

Entry fee is £6.00 per athlete for the competition.

## **ENTRY PROCEDURE**

- **On-line** at <https://entries.opentrack.run/org/sxcaa/> from Friday 19<sup>th</sup> May to 26<sup>th</sup> June 2017 (preferred option)
- **By Post:** Please complete the Entry Form section clearly and send with the appropriate entry fee to:- Entries Secretary, 40 Hill Drive, Hove BN3 6QL

**Final date for receiving entries is Monday 26th June 2017 – NO Entries will be accepted after this date under any circumstances so please allow plenty of time if posting**

## **T-SHIRTS & SWEATSHIRTS**

A Limited Edition high quality 100% Cotton T-Shirt commemorating the Sussex 2017 Championships is available for £10.00. A similar quality Sweatshirt is also available for £17.00. The T-Shirts and Sweatshirts can be bought on-line in advance and collected on the day.

## **ACKNOWLEDGEMENT OF ENTRY**

During the week prior to the Championships you will be emailed a copy of the Final Timetable. No acknowledgement of your entry will be sent prior to this Final Timetable mailing. The information re. athlete entries will be posted on the county website at regular intervals.

**Please cut off and retain this section of the form with the provisional timetable on the reverse**

## PRINT CLEARLY

[www.sussexathletics.net](http://www.sussexathletics.net) Permit Number OUT 17/159

## **PROVISIONAL TIMETABLE**

12.00	Standing Long Jump	Girls
12.00	Vortex Howler Throw	Boys
12.55	75m	Boys
13.15	75m	Girls
14.00	Vortex Howler Throw	Girls
14.00	Standing Long Jump	Boys
15.10	600m	Boys
15.25	600m	Girls
16.15	Presentation of Awards	