



11th August 2018 | Marshall Milton Keynes AC track
Stantonbury Stadium, MK14 6DT

The inaugural "MK 5000 PB Special – in association with the BMC"

An afternoon and evening of 5000m track races at the home of Marshall Milton Keynes AC. Under UK Athletics Rules, and with photo-finish, this is a great opportunity to smash your PB in a competitive field. We have a full programme of racing, culminating with the BMC Gold Standard A races for Men and Women at the end of the night.

Think you are up to the challenge?

Entries will be opened according to qualifying criteria. Check the [MK5000 entry](#) portal for current entry criteria. This will be updated regularly and entries are on a first come first served basis.

Entry cost - £15.00 (you must be a fully paid up member of a UK affiliated club).

Important note

We must be able to validate your PB in order to accept your entry. We are unable to refund entries that cannot be validated. If you have any concerns, please email

Interested in supporting instead of running?

We've got you covered. There will be plenty of entertainment on the day, including music, food and drink – if you can peel your eyes away from the action on the track!

Keep up to speed by following our social media pages for news and updates:

Facebook @mk5000pbspecial

Twitter @mk5000pbspecial

Instagram @mk5000pbspecial

Milton Keynes is easily accessible, and only 10mins drive from Jct.14 of the M1 motorway, and 5mins taxi from the Train station.

You must **NOT** park on Soskin Drive as there is sheltered housing and emergency access is required at all times.



All enquiries including questions about race entry:
email us at mk5000pbspecial@gmail.com